

Kindergarten, *Here I Come!* Activities to do with your Preschooler

Let's Play and Learn

Did you know that when preschoolers play, they learn? It's true! Use these activities to encourage your preschooler to play. Then visit the library to find a book about the activity.

We're learning Language and Literacy Skills

Do it!

Help your preschooler practice writing his name on paper. Show him how to start with a big letter (capital letter), and use lower case (small letters) for the rest. Provide a variety of paper sizes and textures. Write with chalk on dark paper. Use your driveway or sidewalk. Encourage your preschooler to choose his own writing instrument (crayon, chalk, pencil, pen, or marker). Put some sand or shaving cream on a cookie sheet and write letters using fingers, a stick, or a paintbrush.

Read it!

Click, Clack Moo Cows That Type by Doreen Cronin. *Dear Panda* by Miriam Latimer.

We're learning Social Studies Thinking

Do it!

Talk about things your preschooler likes to do now. Then ask what she might like to do in the future, like next week, next year, when she grows up. Add these things to a family calendar and plan to do them. Look through magazines with your preschooler and have her identify pictures of things she would like to do. Then help her to cut out those pictures and paste the pictures onto pages labeled *now*, *next week*, *next year*, and *grown up*.

Read it!

Maisy Goes to Preschool by Lucy Cousins. *Mr. Gumpy's Motor Car* by John Burningham.

We're learning Science Thinking and Technology

Do it!

Make ramps by propping cardboard on objects of different heights. Roll balls and small cars down the ramps. Talk about which one goes faster and which one goes slower. Use your own or a town park sliding board for this as well. Take various sized balls and vehicles to roll and push.

Read it!

Oscar and the Cricket by Geoff Waring. *And Everyone Shouted, "Pull!"* by Claire Llewellyn.

We're learning Mathematical Thinking and Expression

Do it!

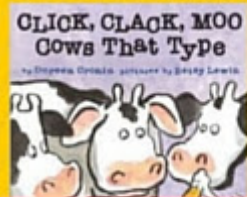
Introduce your preschooler to a variety of measurement tools, such as a timer, a ruler, measuring cups, and thermometer. Talk about what each one measures or is used for. Help her practice using them. Try indoor and outdoor, using sand, water, dirt, and measuring while working with real tools for projects.

Read it!

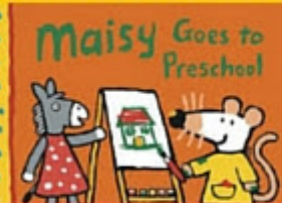
Lengthy. The Long Long Dog by Syd Hoff. *Big Dog...Little Dog* by P. D. Eastman.

AUGUST BOOKS

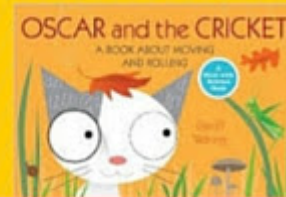
for Preschoolers



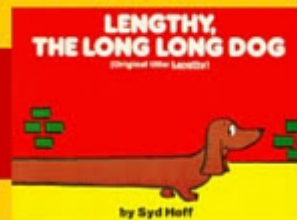
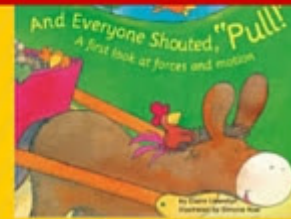
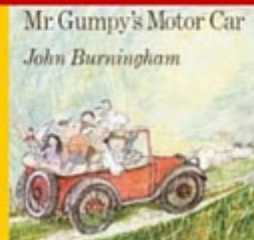
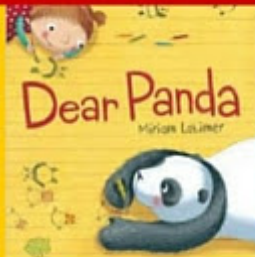
Language &
Literacy Skills



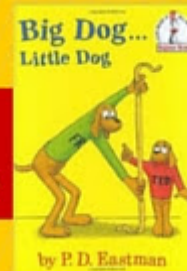
Social Studies
Thinking



Science Thinking &
Technology



Mathematical
Thinking & Expression



www.papromiseforchildren.com

[Click here to print this list.](#)

Visit [PA's Promise for Children](#) for more books and activities!



Stay Up-to-Date with Your Preschooler's Immunizations

Preschools and early learning programs may require immunizations to attend. Check with your preschooler's early learning program or preschool to find which

immunizations are needed.

PA Health Department's Vaccine for Children Program(VFC) provides vaccinations to children who do not have health insurance.



Children who are insured, but insurance does not cover immunizations (underinsured), are eligible to receive federally funded vaccines at public sites. Ask your doctor or clinic if they are a VFC provider. If they are, you may go to them for the shots your child needs. To find a VFC-enrolled provider near you, call 1-877 PA-HEALTH (1-877-724-3258).

If your child is not covered under Medical Assistance or insurance, you can apply for **PA CHIP**. CHIP is short for the Children's Health Insurance Program - Pennsylvania's program to provide health insurance to uninsured children who are not eligible for or enrolled in Medical Assistance. Regardless of the reasons your children might not have health insurance, CHIP may be able to help you.

Top 6 Ways to Get Your Child Ready for Kindergarten

Looking for ways to help your child get ready for Kindergarten? Get these tips from the *Kindergarten, Here I Come* Activity Guide.

Print this one page tip sheet. Disponible en español.

Top 6 Ways to Get Your Child Ready for Kindergarten



PA's Promise for Children www.papromiseforchildren.com.

Looking for a child care or early learning program?

There's a free, online resource to help you find a child care or early learning program. Pennsylvania families can visit www.findchildcare.pa.gov to search for programs in their community. You can also get information about help paying for child care, the different types of early learning programs, and

how you can use Keystone STARS to find a quality program for your child.

You have options when it comes to the care for your child. Whether you need child care or an early learning program, you can find it at www.findchildcare.pa.gov.

www.findchildcare.pa.gov



Our Top Pins for Preschoolers

Nature Scavenger Hunt
20 Non-Sandwich School Lunch Ideas for Kids
20 Classroom Storage Ideas
26 Ways to Get Preschoolers Moving
Fine Motor Skills - DIY Cutting Station

Check out the [Preschoolers Learning Through Play](#) Pinterest board!

Did you get this from a friend? [Sign up to get next month's enews to your email!](#)

Thank you to our [Include Me](#) partners for ensuring the activities in this newsletter are inclusive of all children and their families.

The Arc of Pennsylvania's Include Me program aims to increase the capacity of parents and professionals to include children with all abilities in all aspects of life.



The Office of Child Development and Early Learning (OCDEL) provides families access to high quality services to prepare children for school and life success.



Find more information about Quality Early Learning in Pennsylvania
Pennsylvania Department of Education | Pennsylvania Department of Human Services
Pennsylvania Keys to Quality | Pennsylvania's Promise for Children
Early Intervention Technical Assistance

We are where you are!

