

LEARNING IS

everywhere

ACTIVITIES TO DO WITH YOUR YOUNG CHILD

Fun activities, aligned with the Pennsylvania Early Learning Standards, to help prepare children for school success!



Let's learn while in the living room!

Babies

Put on a music or sing a nursery rhyme and help your baby clap her hands, wiggle her feet, bicycle her legs. Show and help your baby to clap hands, wriggle fingers, twirl, and bob up and down. [Read more!](#)

Toddlers

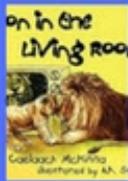
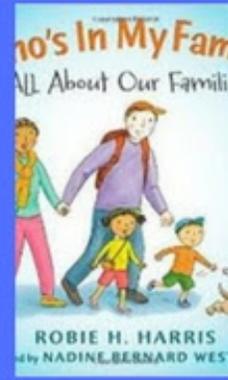
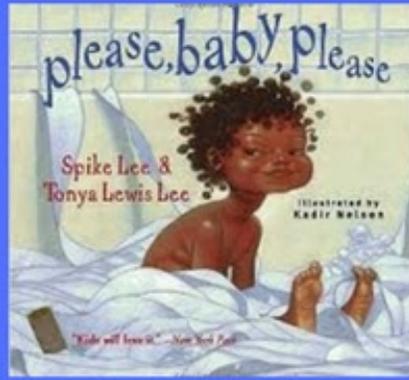
Save clean containers of all shapes and sizes, like yogurt containers, margarine tubs, and plastic spice jars for your toddler to play with. Talk about which ones are big, and which are little. Encourage and help him put the small container inside the big container or to add items (like blocks) into the containers. Talk about when the items are in and when the items are out of the containers. Let him practice putting the lids on and taking them off. [Read more!](#)

Preschoolers

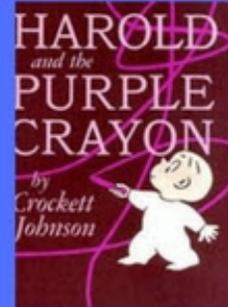
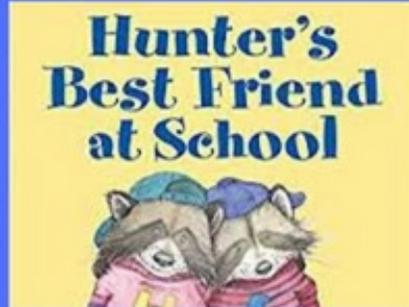
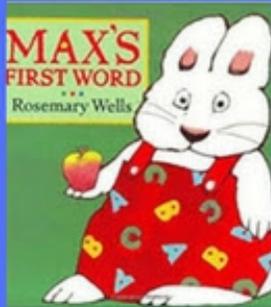
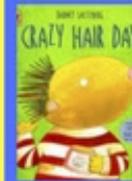
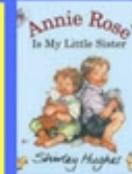
Low-adhesive tape, like masking or painter's tape, can be used to make a road map in the living room. Working with your preschooler, ask her where the roads should go. Will they go over a sofa? Under a table? Behind a chair? Once created, she can use toy vehicles, dolls or toy animals to follow the roads. Ask her where the roads lead and what she will find at the end. [Read more!](#)

Kindergartners

Share with your kindergartner a measuring tape and show him the numbers. Have him measure different items in the living room and ask questions about the sizes of the different items. How tall is the coffee table? Is it taller than the chair? Which is smaller - a book or a picture frame? How does he know which is smaller? [Read more!](#)



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FAMILY & FRIEND
BOOKS



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- Ciencia Magica en la sala de estar* by Richard Robinson
- Please, baby, please* by Spike Lee and Tonya Lewis Lee
- Who's in my Family* by Robie H. Harris
- More More More, Said the Baby: Three Love Stories* by Vera Williams
- Annie Rose is My Little Sister* by Shirley Hughes
- Lion in the Living Room* by Caelaach McKinna & A. R. Stone
- Crazy Hair Day* by Barney Saltzberg
- Toot & Puddle You Are my Sunshine* by Holly Hobbie
- Guess How Much I Love You* by Sam McBratney
- Max's First Word* by Rosemary Wells
- Hunter's Best Friend at School* by L. M. Elliott
- Harold and the Purple Crayon* by Crockett Johnson

[Print this list!](#)



Keeping Your Child's Food Safe to Eat

You take the time to pack your child healthy lunch or snack for Kindergarten or early learning program, so keep it safe to eat. Use these tips to make sure your child stays healthy and engaged by protecting them from food-borne illness. [Get tips to keep your child's food safe to eat.](#)

There may be a monster in your living room!

Did you guess that it was right in front of your eyes? It's your television!

Spending time watching TV means your child may not be engaged in creative or learning activities, like as reading, playing or just being a kid.

Many households have one or more TVs in their home. Too often, a child's free time may center around what's playing on TV. Watching excessive, or inappropriate TV can lead to:

- violent and aggressive behavior,
- obesity,
- poor body concept and self-image, and later,
- substance abuse and early sexual activity.



[Get tips to help your family tame the TV monster and take control of your family's TV habits.](#)

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Starting Kindergarten?

Will your preschooler enter Kindergarten in the fall of 2017? [Sign up for the monthly Kindergarten, Here I Am enews!](#) Each month get

activities, tips and resources you can use to help your kindergartner prepare for and have a successful Kindergarten year.



Thank you to our [Include Me](#) partners for ensuring the activities in this newsletter are inclusive of all children and their families.



The Arc of Pennsylvania's Include Me Preschool program aims to increase the capacity of parents and professionals to include children with all abilities in all aspects of life.

The Office of Child Development and Early Learning (OCDEL) provides families access to high quality services to prepare children for school and life success.



Find more information about Quality Early Learning in Pennsylvania
[Pennsylvania Department of Education](#) | [Pennsylvania Department of Human Services](#)
[Pennsylvania Keys to Quality](#) | [Pennsylvania's Promise for Children](#)
[Early Intervention Technical Assistance](#)

We are where you are!

