

**Union City Healthy Youth Development Council Meeting
Minutes of January 11, 2011**

Present: Abbe Biebel, Sam Myers, Alisa Willy, Erin Pedigree, Kristy Kaliszewski, Lisa Alexander, Lisa Doult, Rebecca Mallon, Carl Kallgren, Mary Baird, Jessica Reynolds, and Gwyn Horner.

Abbe brought to the groups attention Thurston House is a Teen Parenting program that comes to the Middle/High School to help Teen Parents with issues related to children. They are unable to attend the monthly meetings, but their information is on the monthly reports.

Additionally, there will be a 40 Developmental Asset Training on February 4, 2011. For more information contact Tammy Bartasavich at tab22@psu.edu.

1) School Based Health Center (SBHC): Mary reported

- Penn State CORE has completed the Needs Assessment. Over 600 surveys were collected from parents, teachers, students, and community members. The greatest medical needs are mental/behavior health, asthma, lice, and dental. The desire to have a School Based Health at Union City. To receive the complete report, please contact Tammy Bartasavich at tab22@psu.edu.
- The team is currently working on securing funding for a modular unit located outside the Elementary School.
- Many grants have been written for personnel, capital costs, and equipment.
- The team will be continuing to work on the business aspects of the SBHC.

2) Family Winter Fun Day: Jessica Reported

- This event is a partnership between the Union City Healthy Youth Development and the Union City Parks and Recreation Commission. The commission has been sponsoring the outdoor activities for the last few years. This year there will be indoor activities available at the 1st United Methodist Church. Outdoor activities will include tug-of-war, snowman building, a fire, winter corn-hole, and more. There will be food and bathroom facilities at both the Willow street location and the church location. Final details will be forth coming.
- Organizations are needed to sponsor parent/child games. These will be held in the 1st United Methodist Church. Contact Abbe – abiebel@ucasd.iu5.org if you are interested in participating. Games should be designed for Parents and Children to do together. The website *Minute to Win It* is a great resource for game ideas.

3) SPIF/SIG Grant: Kristy reported

- There will be a Town Hall Meeting January 20th at 1:30 at Judge Southwick's Office. Different sectors of the community are invited to come together to discuss possible steps to stop the underage drinking issue happening in Union City. This event will also be used to show parents and community members the effects of underage drinking.
- Kristy and the By Kids For Kids group completed a door-to-door alcohol fact campaign December 29th. There is discussion to do another campaign. Facts pertaining to underage drinking were included on the flyer.
- The group is looking to have a 'Pledge Night' for parents to sign a banner pledging to show their support for underage drug and alcohol reduction.

4) **Adagio Health:** Rebecca, Lisa, and Erin reported

- They are continuing to work on the dance idea. This dance would incorporate life issue lessons into the evening. They will continue working with the Peer Educators and others on making this happen.
- Plans are being made to have a Valentine's Day positive activities promotion
- Erin reported they are putting together a County Teen Pregnancy Team. This team would be made up of area teenagers. The initial meeting would be in person while additional meetings could be held through the Vid Com system.
- Lisa reported Adagio Health is in beginning collaboration with Corry pertaining to STI testing and GYN services.

5) **Community Youth Group:** Lisa reported

- CREW 6/7/8 held an event this past Friday night. The turnout was good and the students had a good time. Events are held monthly for the CREW.
- There will be a Lock in held Jan 17 8 pm – Jan 18 8 am. This is open to students in grades 7 – 12.
- February 12th there will be a Mid-Winter Adult Dinner. The cost is \$15/person or \$25/couple. Dinner menu will include Filet Mignon and Orange Maple Chicken. Younger kids will be entertained and will eat in another part of the church. For additional information, please contact Lisa at 724-496-3553 or 814-438-2113.
- The youth group will be attending a mission trip to Vermont at the end of July. This is open to students in grades 7th – 12th.
- Creation will be held the end of June. This is open to students graduated from grades 6th – 11th.
- Tuesday Drop-In's continue each week from after school until 5pm.

6) **Choices Day:** Sam and Tammy reported

- The P.E.A.C.E. group will be hosting a Choices Day March 5th at Real Life Assembly of God in Erie. Attending students in Middle/High School will select a 'life scenario' and then go through the aftermath steps of the scenario. At the conclusion, students will be debriefed and reminded that the things they are in control of their lives.
- Additional information will be available soon.

7) **Adagio Power Up:** Lisa reported

- Currently there is a Milk Mustache contest amongst the Elementary School Principals. The principal's are featured on our website with milk mustaches! The students log on and vote for their favorite milk mustache. The contest is from January 10th - January 21st. Please check out our milk mustaches by logging on to www.powerupeatright.com selecting your school. You can log in as a teacher password: banana; student password: apple; caregiver/parent password: orange. Go to the school bulletin and vote. You can vote as many times as you wish!

Union City Healthy Youth Development group will be coordinating information placemats for the local restaurants. The placemat will include fun facts, activities, and information from any group interested in submitting information. Interested groups should contact Abbe – abiebel@ucasd.iu5.org for more information. The goal is to have a new placemat each month for February, March, and April.