

**Union City Healthy Youth Development Council Meeting
Minutes of April 28, 2010**

Present: Abbe Biebel, Rebecca Mallon, Krista Byler, Lori Palisan, Lisa Alexander, Erin Peddigree, Sarah Petrick, Valerie Kidh-Bierbower, Elsie Dudich, and Brad McGary. There were corrections to the previous meeting minutes. Those corrections are below.

1. **Sustainable Garden Project:** Krista reported the building date for the project will be May 22nd. The planting day will be June 5th. They will be building a raised bed garden between Snap-Tite and the Elementary Building. They will be asking families to adopt the garden for one week during the summer months. They will be adopting the garden with 7 other families. There will be a community wide harvest day celebration in the fall. Different projects will be incorporating in the garden project, including a 'journaling' program. There will be one master journal inside a garden shed to journal in. The vegetables will be served in the cafeteria as much as possible; the rest will be donated to those families that help with the project. Abbe suggested the Family Support Center's summer programming could be a possibility for garden adoption. One of the Master Gardeners – Pat Valimont – works at the Family Support Center. Krista will be contacting him for additional information. Other MG in town are Mr. and Mrs. Rafferty and Marty Irwin.
 - a. **Krista additionally reported they have re-applied** for the Fruit and Vegetable grant for next year. This grant enabled the school to offer a different fruit or vegetable three days a week in the classroom. The Union City school has had a positive response from this program from not only the students but also the parents. Krista should know of the grant approval in May.
2. **Safe Horizons:** Lori reported the Safe Horizons summer program plans have been finalized. The Teen Rock program has been set up for the summer. They will be meeting at the Youth Center on Main St. (next to the Diner). They have additional new staff at the center. The center is working on many programs focusing on why people abuse. Although the programming does not directly talk about abusing, they have developed elements that draw out why it happens and how to stop it from happening. The center is looking to expanding their programming in the future to discuss issues such as teen dating violence. Additionally, Safe Horizons would like to incorporate youth helpers.
3. **Adagio Reproductive Clinic:** Rebecca reported the UC Clinic will be open a couple of times before PROM. The pre-PROM times will be set up same as others, not flashy just supplies and information as usual. Rebecca handed out a form for parents to order the Family Connections Guidebooks. These books were developed as guidebooks which help parents discuss sexuality and related issues with age-appropriate techniques and information. Additional information can be attained from contacting Adagio Healthy or by calling 1-800-215-7494. Rebecca additionally reported they will be attending Success Night to promote what is available not only at the clinic but the guidebooks as well. The clinic will be open during the summer.
 - a. Lisa reported the Erie Adagio Clinic will be moving in June to the old Metro Hospital. They are looking for a Nurse Practitioner (there is no on call, no weekends, no holidays).
 - b. Erin reported is the supervisor for the CAP program. CAP is the Center fro Adolescent Prevention. They go into the schools pregnancy prevention and live skills programs. This year they have discussed coming to the Union City schools to do programming next year.
4. **Adagio Power Up:** Sara reported she has been going to different classes teaching nutrition information. They will be handing out tooth brush holders. They will be discussing sugary drinks. They will also be doing a gardening curriculum with the younger students. Sara will be teaching nutrition again this summer.
5. **Union City HYD:** Abbe reported

- a. The Second Mile Leadership students –a youth run leadership group– hosted a Middle School Fun night. There was food, video games, movies, sports, goofy games, etc. There were many teachers and community members that came and helped with the program. There were about 90 students in attendance. The leadership group did an AWESOME job planning and running the event. The group is planning on doing the event again.
 - b. The Elementary School Healthy Youth Club will be finishing. There were @ 100 students completed the program, they ran 26 miles, read 26 good books, and did 26 good deeds.
 - c. The Trout in the Classroom program will be releasing the trout on Friday. We have two teachers that would like to do the program next year.
 - d. The Art Center in town will be continuing throughout the summer.
 - e. **In attempt to find the best meeting date, we are going to try meeting on Friday. The next meeting will be Friday June 4th from 9 – 10:30 in the Administration Room. This meeting will be the last of the 2009-2010 school year. Please send year end reports to Abbe by June 2nd. This 2009-2010 Union City Healthy Youth Development report will be sent out to all members.**
 - f. Abbe reminded the group that there are different students in the school that are willing to help in projects. If there is something going on that might need some additional people, please contact Abbe at abiebel@ucasd.iu5.org.
 - g. UC HYD will be working at a ‘master event calendar’ for the different groups in UC.
6. **Family Support Center:** Elsie reported they are working on the activities for the Gathering at French Creek. There will be a PhD parenting program in the summer.