

## Union City Healthy Youth Development Council Meeting Minutes of 27 Jan 10

**Present:** Abbe Biebel, Rebecca Fuller, Krista Byler, Sarah Petrick, Michelle Swarm, Lisa Doust, Kristy Kaliszewski, Rebecca Mallon, Lisa Alexander, and Gwyn Horner. There were no corrections to the previous meeting minutes.

1. **Food Service:** Krista reported they have been working closely with Adagio Power Up program introducing new fruits and vegetables to the elementary students. They will be applying for the grant that allows them to do this for a second year. So far, the popular fruit has been 'passion fruit,' the students say this tastes a lot like Sour Patch Kids. Krista also reported the Gardening project will be starting mid-Feb. They will be putting together a committee to work on this project. Krista will be connecting with the Master Gardeners in the area, along with sending out an email to invite any interested community members.
2. **Adagio Power Up:** Sarah reported she has been putting together monthly activity sheets that correspond with the fruit and vegetables program. Teachers get a weekly packet explaining what the new items is and what it tastes like. Sarah also reported they Adagio Power Up group have been working to put together PSSA focused worksheets. These sheets will incorporate PSSA standards with learning about fruit and vegetables. The Power Up website also contains additional PSSA standard teaching ideas. Sarah will also be teaching the nutritional part of the Healthy Youth Club.
3. **Horizon House:** Michelle Reported Safe Horizons have been busy working on different programs. They have two strong programs in the school – one for 4<sup>th</sup> and one for Kindergarten. They are still doing the Teen Rock Youth Group. They meet on Monday nights.
4. **Elementary School:** Gwyn reported:
  - a. A group of about 7, 5<sup>th</sup> grade girls just completed the American Girl Ophelia Project curriculum. This went very well.
  - b. The Hills Brothers will be here teaching about bully prevention. There are 110 signed up for the dinner being offered. This idea came from the Parent Involvement Group.
  - c. Mrs. Jell is working with a group of 4<sup>th</sup> and 5<sup>th</sup> grade girls teaching them a dance. The dance will be performed at the Feb Follies.
  - d. A grief group will be starting for those students who have lost love ones recently.
  - e. The PTO newsletter will be coordinated by Gwyn and Mr. McMahan. There will also be district newsletters. These will promote the positive things happening in the Elementary School (The PTO Newsletter) and District wide positive things will be in the District newsletters.
5. **L80:** Lisa reported many things have been going on with the community youth group, all groups meet at Union City First United Methodist Church
  - a. Tuesday Drop In 6 – 12 is attracting a lot of older kids
  - b. The Silver Ring Thing follow up is wrapping up.
  - c. ZOW – Wednesday 5:30 – 7:30 this is a group for senior high kids.
  - d. Feb 12<sup>th</sup>, There will be a movie night, all youth are invited
  - e. Feb 16<sup>th</sup> there will be a Pancake supper. The cost is a donation; money raised will help the group fund the youth group's community service projects.
  - f. Feb 13<sup>th</sup>, Mid-Winter Adult Dinner. The cost is \$15/person and \$25/couple. The money raised also helps fund the group's community service projects.
  - g. They will be doing a tubing day at the Peek
  - h. A new project has been the Crue 6-7-8. They hosted an overnight and had 35 students in attendance.
  - i. Lisa also spoke about the movie 'To Save A Life,' this movie is talks about various teen issues, teen suicide, drinking, and others. There is a website that goes along with this movie, <http://www.tosavealifemovie.com/index.php>.

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6. **SPF/SIG Grant:** Kristy reported the By Kids For Kids group participated in the Festival of Trees. Right now the community push is the 1-888 community number. This number has been set up for community members to anonymously report underage drinking parties. This number has been put in the different church newsletters. The number will be advertised on posters for the teachers and also to be hung in all the classrooms. Kristy additionally reported they By Kids For Kids group has been approved for a 'White Out' day. Kristy will be working with Trooper Bob Brown on some Pre-Prom alcohol related activities.
7. **Adagio Reproductive Clinic:** Rebecca reported the dates have been set thru June. Flyers were handed out with the information. Working on putting together some promotional material to entice students to come to the clinic. Rebecca will look into opening the Thursday before Prom. She also reported the new Family Resource Books are out. The books teach parents how to start talking to their children about sex. These books are from birth on. Gwyn took a set to give to Alisa as a possibility for the Parent Involvement Council.
  - a. Lisa Alexander reported Adagio has a couple of different programs that go into the schools to teach about AIDS, Abstinence, Skill Building, and Too Good For Drugs and Violence. They are meeting with Union City and Corry to discuss the option of going into the schools.
8. **Union City Healthy Youth Development:** Abbe reported Junior Achievement and Gannon Service Learning presented at the Healthy Youth Development Networking Breakfast. Junior Achievement is a Worldwide is the world's largest organization dedicated to educating students about workforce readiness, entrepreneurship and financial literacy through experiential, hands-on programs. The JA website is <http://www.ja.org/default.asp>. This would be a great opportunity to start an after school 'business' group. The Gannon Service Learning project also presented. They have college students that can come and help with different non-profit groups in the area. There is also an opportunity to take elementary school aged students to Gannon for a visit.

**Gwyn wanted the group to know the school appreciates all that is done for the students at Union City. We would like to promote what is going on more to teachers and staff at Union City.**