

**Union City Healthy Youth Development Council Meeting**  
**Minutes of June 4, 2010**

**Present:** Abbe Biebel, Kristy Kaliszewski, Monica Rodriguez, Rebecca Mallon, Erin Peddgree, Sarah Petrick, Valerie Kish-Bierbower, and Brad McGary.

Abbe reported this will be the last meeting of the 2009-2010 school year. We will be starting again in September. The success of the Union City Healthy Youth Development program is the strength of the community support and collaboration between the school and the community.

1. **Power Up:** Sara reported toothbrush holders were handed out to students in grades Pre K – 5<sup>th</sup>. There was also a discussion with the kids about avoiding sugary drinks.
  - a. The elementary school will be participating in the fruit and vegetable program again next year.
  - b. The Power Up program will be participating in summer school.
  - c. Sara reported they have added the Corry School district to the program.
  - d. Abbe reported the Sustainable Garden program is going strong. The boxes have been built and now planted. Families are being asked to adopt the gardens for a week over the summer. This would include some weeding, monitoring, and journal writing on the experience. Anyone interested can contact Krista at kbyler@ucasd.iu5.org.
  
2. **Adagio Health:** Erin reported they are planning on starting life skills programming in the fall. Adagio Health offers life skills training with Elementary and possibly some programming with middle school. There will be some programming in the summer with Career Link. Erin reported they will be working with the Corry School district on programming.
  
3. **Union City Adagio Reproductive Clinic:** Rebecca reported the UC Clinic saw @ 80 patients. This is an increase in numbers from last school year. They will be open through the summer. Adagio will be working on identifying and educating Union City patients that use the Edinboro office that some services can be received in Union City.
  
4. **Family Support Center:** Brad reported the construction will begin. They are talking with many area agencies in the area about renting the spaces.
  - a. The Summer Rec. program will run from Monday July 12<sup>th</sup> – Aug 13<sup>th</sup> from 12 – 3. This year's program will be modeled after Dr. Pallem's Behavior Modification programming. There will be a smaller part this year and then expand it next year. This program has large family/staff communication piece. Students will be rewarded through a level system.
  - b. Brad also reported they will be working on expanding their Teen Programming. They will be working with students on preventive programming. The center will be forming two groups. There will be a Youth Advisory Panel that will interact with the Family Support Centers Board of Directors. Additionally there will be a Teenage Action group that will work on building teenage involvement in the centers decision making regarding teen programming. The Teenage Action group will meet over the summer.
  - c. National night out is Tuesday August 3<sup>rd</sup> at Caflish Park.
  - d. The First Annual Cruise in will be August 4<sup>th</sup> at Caflish Park.
  
5. **SPIF-SIG Grant:** Kristy reported they have just finished up with programming for the year.
  - a. The Buy Kids For Kids group just completed a White Out Day in the Middle/High School.
  - b. Kristy reported they will be expanding into the Corry School District more next year.

- c. Kristy would like to get more involved with small groups in the Union City area. She would like to educate the public more on the 1-888 number. This number is set up for community members to report teenage alcohol parties happening in their neighborhoods.
6. **Girl Scouts:** Monica reported Clair Murphy has been working with Amy Weber at Union City on a Special Initiatives program dealing with self esteem. They will be working with Gwyn and Joyce to add additional programming for the next year.
- a. Brad asked if a couple of the Girl Scouts could serve on the FSC Teenage Action group.
7. **Union City HYD:** Abbe reported
- a. HYD week is October 4<sup>th</sup> – 9<sup>th</sup>. In years past UCHY has hosted a Family Fun Night. We would like to do this again. If your organization would like to participate, please contact Abbe. This will be held on either a Monday or Tuesday night. This has typically had about 60 families attend.

Both Sam Myers and Abbe Thanked the Union City Healthy Youth Development group for all the beneficial programming offered to the students. The impact is across the board for every student.